



Cigarette Butt Litter Reduction Checklist

Hospitals, Clinics, Medical Centres & Health Service Providers

As our society has become more waste and energy conscious, Businesses, Councils and Organizations have made significant improvements in recycling practices, waste reduction and energy efficiency to minimize their impact on the environment.

However, until recently, cigarette butt litter - the world's largest environmental litter problem, has not received the same degree of attention. Cigarette butt litter outside buildings, and scattered by the billions across our cities and countryside has increased considerably since the introduction of indoor smoking bans and increasingly, Smoke Free Premises. This litter rapidly enters our storm-water drains, rivers, bays, oceans and aquatic systems - poisoning our environment, degrading its beauty and taking years to break down. Discarded cigarette butts are also a major cause of fires.

Cigarette butt litter at hospitals & medical facilities is primarily created by patients, visitors & staff. They're the only ones who can actually reduce the problem of litter, but they need help to do it.

Butt Litter Reduction at medical facilities is even more critical as more hospitals around the world every month go **Smoke Free**. Just because a location goes Smoke Free, doesn't in anyway mean that smokers are going to stop smoking. They'll just go somewhere else to smoke. Simply exporting your smokers butt litter off your premises is completely unacceptable.

Butt Litter Responsibility provides the means for responsible hospital managers and officers to assess their efforts to provide adequate education and disposal infrastructure in order to reduce the cigarette butt litter emanating from their medical facility's activities.

Are you Butt Litter Responsible?

Below is a checklist to assist you to determine if you are cigarette butt litter responsible.

Step 1: Tick the appropriate boxes.

Step 2: Total the number of yes ticks for both Education and Disposal Infrastructure.

Education

| | | res | NO |
|----|---|-----|----|
| 1. | Do you provide education to your patients, visitors & staff about: a. The environmental effects of cigarette butt litter? b. Fines and penalties possible for littering cigarette butts? c. Alternatives to littering? d. Appropriate and effective disposal methods? | | |
| 2. | What communication methods do you use: a. Personal Contact? b. Newsletter or E-Mag etc? c. Website / Internet / Intranet? d. Flyers, Posters, Signage? | | |
| 3. | Do you instruct your patients, visitors & staff as to <u>where</u> they should (or shouldn't) smoke? | | |
| 4. | Do you inform your patients, visitors & staff as to <u>how</u> they should appropriately dispose of their cigarette butts? | | |

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| | Disposal Infrastructure | Yes | No | |
|----|---|-----|----|--|
| 1. | Do you provide adequate external butt disposal infrastructure for your patients, visitors and staff at your facilities and if yes what type? a. Wall/Post-mounted Ashtrays or Freestanding/Bollard Ashtrays b. Any other means of appropriate butt disposal | | | |
| 2. | Do you promote butt litter responsibility by your patients, visitors andstaf - especially when going Smoke Free - by providing them with Personal Ashtrays so that wherever they go to smoke, they can safely, easily and responsibly dispose of their cigarette butts? | f | | |
| | Once your checklist is completed, calculate your scores and check your BLR rating using the table below. | | | |
| | you wish to discuss your rating or have any questions regarding how to reduce igarette butt litter at your facility or you are interested in implementing a butt tter reduction campaign, please contact No BuTTs. We're ready, willing and ble to assist you to permanently eliminate this serious environmental problem. | | | |

YOUR SCORES: Total number of ticks in each category

| Category: | Ticks: |
|--------------------------------------|--------|
| Education Disposal Infrastructure | |

Total Ticks

Your Ratings:

| 0 Ticks | No effort has been made to reduce the cigarette butt litter emanating from your patients, visitors and staff. |
|------------|--|
| 1-2 Ticks | Minimal effort has been made to reduce cigarette butt litter. |
| 3-6 Ticks | Some effort has been made to reduce cigarette butt litter. |
| 7-11 Ticks | Significant steps have been taken to educate patients, visitors, & staff and to provide adequate disposal infrastructure. |
| 12 Ticks | All necessary steps have been taken to ensure maximum prevention of cigarette butt litter by patients, visitors and staff. |

How many cigarette butts have your patients, visitors and staff littered today?

Contact No BuTTs today.

| Tel: (+61 3) 9399 8133 | Email: info@nobutts.com.au |
|------------------------|----------------------------|
| Fax: (+61 3) 93998144 | Web: www.nobutts.com.au |

...because the world is not an ashtray.

Call: 1300-NOBUTTS

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